

# ARE YOU SPORTS READY?



**NOT WITHOUT  
A PHYSICAL!**

**IMPORTANT:**  
School deadlines apply  
for Sports Physicals. See  
school office for details.

**Sports Physicals** are required every 2 years for students in school sports

**Low-cost clinic information**  
**Insured/Underinsured/Uninsured**

**Back to Health Clinic:**  
*Appointment Necessary*  
4630A River Road N.  
Keizer, OR 97303  
503.304.2225  
No insurance cost: \$35

**Hepner Chiropractic:**  
*Appointment Necessary*  
925 Commercial Street SE #260  
503.391.9222  
No insurance cost: \$75

**Lancaster Family Health:**  
*Appointment Necessary*  
3896 Beverly Avenue NE #40  
503.588.0076  
No insurance cost: \$10 • Current  
patients • Accepting new patients

**NW Family Chiropractic**  
1797 Lansing Avenue NE  
503.391.9112  
No insurance cost: \$45

**Salem Health Convenient Care:**  
*Appointment Necessary*  
1002 Bellevue Street SE  
503.561.5554  
No insurance cost: \$95

**Urgent Care Clinic South:**  
*Walk-in only*  
3777 Commercial Street SE  
503.588.1234  
No insurance cost: \$70

**West Salem Medical Clinic:**  
*Appointment Necessary*  
1233 Edgewater St NW  
503.378.7526  
No insurance cost: \$27

**Zoom Care:** *Appointment Necessary*  
2990 Commercial Street SE  
503.684.8252  
No insurance cost: \$50

